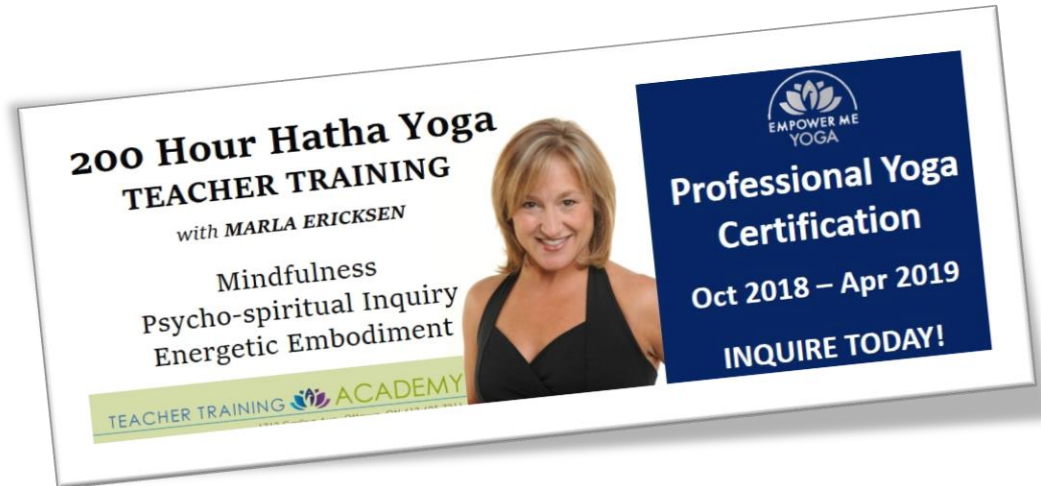


HATHA YOGA

Teacher Training 2018 - 2019

RYT® 200 Yoga Alliance Certificate Program



Welcome to Empower ME Yoga Teacher Training Academy. This program is an interdisciplinary Hatha Yoga Certification and meets the requirements for registration with Yoga Alliance as an RYT® 200. Your primary teacher for this transformative experience will be acclaimed yogini and award-winning fitness professional Marla Ericksen. This transformative program is appropriate for aspiring teachers as well as dedicated students who are interested in studying for personal empowerment or to deepen their practice and understanding of Yoga.

Schedule 2018 - 2019

WEEKEND INTENSIVES

1. October 27 & 28
2. November 3 & 4
3. November 24 & 25
4. December 14, 15 & 16
5. December 21
6. January 12 & 13
7. February 9 & 10
8. March 23 & 24

TIMES

Sat: 10:00am – 6:00pm / Sun: 10:30am – 6:00pm
Sat & Sun: 12:00 – 8:00pm
Sat: 10:00am – 6:00pm / Sun: 10:30am – 6:00pm
Fri: 6:00pm – 9:00pm / Sat & Sun: 12:00 – 6:00pm
Fri: 1:30pm – 7:30pm
Sat: 10:00am – 6:00pm / Sun: 10:30am – 6:00pm
Sat: 10:00am – 6:00pm / Sun: 10:30am – 6:00pm
Sat: 10:00am – 6:00pm / Sun: 10:30am – 6:00pm

TUESDAY NIGHTS

15 Tuesday evenings

TIMES

5:30pm – 8:30pm

DATES

TBD

**There will be additional course work through independent study, practice sessions, peer support and assignments.*

Course Tuition

Early Bird: Full Payment of \$2900 (+HST) before September 15, 2018

Regular: Full Payment of \$3100 (+HST) after September 15, 2018

**Course tuition must be paid in full by October 19, 2018*

**No refunds will be issued once the course has started*