




EMY Teacher Training Academy

PROFESSIONAL ADVANCED STUDIES CERTIFICATE PROGRAM

Fall 2017



PROGRAM	TEACHER	LOCATION	DATE / TIME	HR	STATUS	FEE
Yin Yoga Enhancement Series: TAOIST YOGA	Marla Ericksen	Carling	Sat, Sept 30 12:00pm – 7:00pm	7	Elective	\$175
TEACHING PRIVATE CLASSES	Sylvie Gouin	Carling	Sun, Oct 1 12:00pm – 7:00pm	7	Mandatory	\$175
INTRODUCTION TO MEDITATION Tranquility of Mind	Marla Ericksen	Carling	6-weeks: Wednesday Nights Oct 4 – Nov 8 / 7:00 – 8:15pm	8	Mandatory	\$200
YOGA SUTRAS The Living Principles of Yoga	Sylvie Gouin	Carling	Sat, Oct 21 / Sun, Oct 22 12:00pm – 6:00pm	12	Mandatory	\$300
YIN YOGA FOUNDATIONS: Module 1	Marla Ericksen	Carling	Sat, Oct 28 / Sun, Oct 29 Sat, Nov 11 / Sun, Nov 12 12:00pm – 7:00pm	30	Mandatory	\$750
Yin Yoga Enhancement Series: MYOFASCIAL & TRIGGER POINT RELEASE	Marla Ericksen	Carling	6-weeks: Monday Nights Nov 6 – Dec 18 / 7:00 – 8:15 pm <i>*No class on Nov 27th</i>	8	Elective	\$200
INSPIRED LIVING The Yoga of Journaling	Sylvie Gouin	Carling	Sat, Nov 18 12:00pm – 7:00pm	7	Elective	\$175
YOGA PRE-HABILITATION Cultivating a Sustainable Yoga Practice	Marla Ericksen	Carling	Sun, Nov 19 12:00pm – 7:00pm	7	Mandatory	\$175
INWARD ESCAPE: A Silent Urban Retreat "I AM DIVINE"	Marla Ericksen	Carling	Sun, Dec 3 12:00pm – 6:00pm	6	Mandatory	\$150
Rites of Passage WINTER SOLSTICE CELEBRATION	Marla Ericksen	Carling	Thurs, Dec 21 5:30 – 8:00pm	4	Elective	\$100
 MYSTICAL MUSINGS A Silent Yoga & Meditation Retreat	Marla Ericksen	Sanctum Retreat Center Caroline, Alberta	Thurs, Mar 23 – Sun, Mar 26 2018	30	Elective	\$699