



# EMY Teacher Training Academy

## PROFESSIONAL ADVANCED STUDIES CERTIFICATE PROGRAM

### Fall 2017



PROGRAM	TEACHER	LOCATION	DATE / TIME	HR	STATUS	FEE
<b>INTRODUCTION TO MEDITATION</b> Tranquility of Mind	Marla Ericksen	Carling	6-weeks: Monday Nights Sept 18 – Oct 30 / 7:00 – 8:15pm <i>*No class on Oct 9<sup>th</sup></i>	8	Mandatory	\$200
<b>Yin Yoga Enhancement Series:</b> TAOIST YOGA	Marla Ericksen	Carling	Sat, Sept 30 12:00pm – 7:00pm	7	Elective	\$175
<b>TEACHING PRIVATE CLASSES</b>	Sylvie Gouin	Carling	Sun, Oct 1 12:00pm – 7:00pm	7	Mandatory	\$175
<b>YOGA SUTRAS</b> The Living Principles of Yoga	Sylvie Gouin	Carling	Sat, Oct 21 / Sun, Oct 22 12:00pm – 6:00pm	12	Mandatory	\$300
<b>YIN YOGA FOUNDATIONS: Module 1</b>	Marla Ericksen	Carling	Sat, Oct 28 / Sun, Oct 29 Sat, Nov 11 / Sun, Nov 12 12:00pm – 7:00pm	30	Mandatory	\$750
<b>Yin Yoga Enhancement Series:</b> MYOFASCIAL & TRIGGER POINT RELEASE	Marla Ericksen	Carling	6-weeks: Monday Nights Nov 6 – Dec 18 / 7:00 – 8:15 pm <i>*No class on Nov 27<sup>th</sup></i>	8	Elective	\$200
<b>INSPIRED LIVING</b> The Yoga of Journaling	Sylvie Gouin	Carling	Sat, Nov 18 12:00pm – 7:00pm	7	Elective	\$175
<b>YOGA PRE-HABILITATION</b> Cultivating a Sustainable Yoga Practice	Marla Ericksen	Carling	Sun, Nov 19 12:00pm – 7:00pm	7	Mandatory	\$175
<b>INWARD ESCAPE: A Silent Urban Retreat</b> "I AM DIVINE"	Marla Ericksen	Carling	Sun, Dec 3 12:00pm – 6:00pm	6	Mandatory	\$150
<b>Rites of Passage</b> WINTER SOLSTICE CELEBRATION	Marla Ericksen	Carling	Thurs, Dec 21 5:30 – 8:00pm	4	Elective	\$100
<b>MYSTICAL MUSINGS</b> A Silent Yoga & Meditation Retreat	Marla Ericksen	Sanctum Retreat Center Caroline, Alberta	Thurs, Mar 23 – Sun, Mar 26 2018	30	Elective	\$699

